MP.132.MH – Lower Limb Orthotics and Shoes

This policy applies to the following lines of business:
- MedStar Employee (Select)
- MedStar MA – DSNP – CSNP
- MedStar CareFirst PPO

MedStar Health considers Lower Limb Orthotics and Shoes medically necessary for the following indications:

**Shoes**

Prosthetic shoes (L3250) are covered if they are an integral part of a prosthesis for a member with a partial foot amputation (diagnosis codes listed in table below).

Orthopedic shoes (L3224, L3225, or L3649) are covered when all of the following criteria are met:
- The shoe is an integral part of a covered leg brace (L1900, L1920, L1980-L2030, L2050, L2060, L2080, or L2090)
- The shoe is medically necessary and needed for the proper functioning of the brace

Diabetic shoes (A5500, A5501) are covered when all of the following criteria are met:
- Member has a diagnosis of diabetes mellitus; and
- The certifying physician has documented one or more of the following:
  - Previous amputation of the other foot, or part of either foot, or
  - History of previous foot ulceration of either foot, or
  - History of pre-ulcerative calluses of either foot; or
  - Peripheral neuropathy with evidence of callus formation of either foot; or
  - Foot deformity of either foot; or
  - Poor circulation in either foot; and
- The certifying physician has certified that the member is under a comprehensive plan of care for his/her diabetes.

**Shoe Modifications (Refer to Variations Section for Medicare Advantage)**

Heel replacements (L3455, L3460), sole replacements (L3530, L3540), shoe transfers (L3600-L3640) involving shoes on a covered brace are covered. Inserts, lifts, and other
shoe modifications (L3000-L3170, L3300-L3450, L3465-L3520, L3550-L3595) are covered when any of the following criteria are met:

- Member has any of the following conditions:
  1. Adults (skeletally mature feet):
     1. Acute or chronic plantar fasciitis
     2. Acute sport-related injuries (including: diagnoses related to inflammatory problems; e.g., bursitis, tendonitis)
     3. Calcaneal bursitis (acute or chronic)
     4. Calcaneal spurs (heel spurs)
     5. Inflammatory conditions (i.e., sesamoiditis; submetatarsal bursitis; synovitis; tenosynovitis; synovial cyst; osteomyelitis; and plantar fascial fibromatosis)
     6. Medial osteoarthritis of the knee (lateral wedge insoles)
     7. Musculoskeletal/arthropathic deformities (including: deformities of the joint or skeleton that impairs walking in a normal shoe; e.g., bunions, hallux valgus, talipes deformities, pes deformities, anomalies of toes)
     8. Neurologically impaired feet (including: neuroma; tarsal tunnel syndrome; ganglion cyst; and neuropathies involving the feet, including those associated with peripheral vascular disease, diabetes, carcinoma, drugs, toxins, and chronic renal disease)
     9. Vascular conditions (including: ulceration, poor circulation, peripheral vascular disease, Buerger’s disease (thromboangiitis obliterans), chronic thrombophlebitis).
  2. Children (skeletally immature feet):
     1. Hallux valgus deformities
     2. In-toe or out-toe gait
     3. Musculoskeletal weakness (e.g., pronation, pes planus)
     4. Structural deformities (e.g., tarsal coalitions)
     5. Torsional conditions (e.g., metatarsus adductus, tibial torsion, femoral torsion)

Ankle/Foot Orthoses (AFO’s)

General Criteria:
AFO’s Not Used During Ambulation
Static or dynamic ankle/foot orthoses which are not used during ambulation are covered when all of the criteria 1-4 or criterion 5 is met:

1. Member has a plantar flexion contracture of the ankle with dorsiflexion on passive range of motion (PROM) testing of at least ten degrees (i.e. a non-fixed contracture); and,
2. There is reasonable expectation of the ability to correct the contracture; and,
3. The contracture is interfering or expected to interfere significantly with the member's functional abilities; and,
4. The AFO is used as a component of a therapy program which includes active stretching of the involved muscles and/or tendons
OR
5. Member has a diagnosis of plantar fasciitis

AFO's Used During Ambulation
AFO’s (L1900, L1902-L1990, L2106-L2116, L4350, L4360, L4386, L4387, and L4631) are covered when all of the following criteria are met:
- Member is ambulatory with weakness or deformity of the foot or ankle; and
- Requires stabilization for medical reasons; and
- Member has the potential to benefit functionally.

Knee/Ankle/Foot Orthoses (KAFO’s)

General Criteria:
KAFO’S (L2000-L2038, L2126-L2136, and L4370) are covered when all of the following criteria are met:
- Member is ambulatory; and
- Member requires additional knee stability.

Custom Fabricated AFO’S and KAFO’S
Custom-fabricated AFO’S and KAFO’s (L1910, L1930, L1932, L1951, L1971, L2035, L2112-L2116, L2132-L2136, L4360, L4386, and L4396) will be covered when the member is ambulatory and meets the general criteria for AFO or KAFO above and any of the following criteria are met:
- The member could not be fit with a pre-fabricated AFO; or,
- The condition necessitating the orthosis is expected to be permanent or of longstanding duration (more than six months); or,
- There is a need to control the knee, ankle, or foot in more than one plane; or,
- The member has a documented neurological, circulatory, or orthopedic status that requires custom fabricating over a model to prevent tissue injury; or,
- The member has a healing fracture which lacks normal anatomical integrity or anthropometric proportions.

Repairs and Replacements
- Repairs to a covered orthosis due to wear or accidental damage are covered when necessary to make the orthosis functional.
Replacement of a complete orthosis or component of an orthosis due to loss, significant change in the member’s condition, or irreparable accidental damage is covered if the device is still medically necessary.

Limitations
Shoes and Modifications

- Claims for prosthetic shoes for other diagnoses besides a partial foot amputation will be denied as not medically necessary.
- Coverage is limited to one of the following within one calendar year (January – December)
  - One pair of custom molded shoes (A5501) (which includes inserts provided with these shoes) and two additional pairs of inserts (A5512 or A5513); or
  - One pair of depth shoes (A5500) and three pairs of inserts (A5512 or A5513) (not including the non-customized removable inserts provided with such shoes)
  - A modification of a custom molded or depth shoe may be covered as a substitute for an insert.
- Quantities of shoes, inserts, and/or modifications greater than those listed will be denied as non-covered.
- Diabetic shoe inserts used in non-covered shoes will be denied as non-covered.
- There is no separate payment for the fitting of shoes, inserts, or modifications, or for the certification of the need or prescription of the footwear.
- Deluxe features of diabetic shoes (A5508) will be denied as non-covered.
- Shoes, orthoses, and modifications for members with diabetes are limited to those coded A5500-A5511.

AFO’S/KAFO’s

- If a custom fabricated AFO/KAFO is provided but general criteria above and the additional criteria for a custom fabricated orthosis are not met, the custom fabricated orthosis will be denied as non-covered.
- L coded additions to AFO’s/KAFO’s (L2180-L2550, L2750-L2768, L2780-L2830) will be denied as non-covered if either the base orthosis or the specific addition is not medically necessary.
- Concentric adjustable torsion style mechanisms used to assist ankle joint plantarflexion or dorsiflexion codes as L2999 are covered for members who require knee extension assist in the absence of any co-existing joint contracture.
- A static/dynamic AFO (L4396, L4397) and replacement interface will be denied as non-covered when they are used solely for the prevention or treatment of a heel pressure ulcer.
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- A foot pressure off-loading/supportive device (A9283) will be denied as non-covered because it does not support a weak or deformed body member or eliminate motion in a diseased or injured part of the body.
- Socks (L2840, L2850) used in conjunction with orthosis will be denied as non-covered.

Background
Lower limb orthotics are supports, braces and orthoses designed specifically for the leg, hip, knee, ankle and foot. They work to provide support, control motion, reduce pain, correct deformities and prevent the progression of deformities. Orthoses can include: ankle foot orthosis (AFO), foot orthosis, knee orthosis, or knee ankle foot orthoses (KAFO). Shoes and orthotics are particularly important for individuals with diabetes.

Codes:

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<th>CPT Codes / HCPCS Codes / ICD-10 Codes</th>
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<td>A5510</td>
<td>For diabetics only, direct formed, compression molded to patient’s foot without external heat source, multiple-density insert(s) prefabricated, per shoe</td>
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<td>A5512</td>
<td>For diabetics only, multiple density insert, direct formed, molded to foot after external heat source of 230 degrees fahrenheit or higher, total contact with patient’s foot, including arch, base layer minimum of 1/4 inch material of shore a 35 durometer or 3/16 inch material of shore a 40 durometer (or higher), prefabricated, each</td>
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<tr>
<td>A5513</td>
<td>For diabetics only, multiple density insert, custom molded from model of patient’s foot, total contact with patient’s foot, including arch, base layer minimum of 3/16 inch material of shore a 35 durometer or higher), includes arch filler and other shaping material, custom fabricated, each</td>
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**ICD-9 codes for diabetic shoes and inserts:**

- 249.00-249.91 Secondary diabetes mellitus
- 250.00-250.93 Diabetes mellitus

**ICD-10 codes for diabetic shoes and inserts:**

- E08.00-E08.9 Diabetes mellitus due to underlying condition
- E09.00-E09.9 Drug or chemical induced diabetes mellitus
- E10.10-E10.9 Type 1 diabetes mellitus
- E11.00-E11.9 Type 2 diabetes mellitus
- E13.00-E13.9 Other specified diabetes mellitus

**ICD-9 codes for prosthetic shoes (L3250):**

- 755.31 Transverse deficiency of lower limb
- 755.38 Longitudinal deficiency, tarsals or metatarsals, complete or partial (with or without incomplete phalangeal deficiency)
- 755.39 Longitudinal deficiency, phalanges, complete or partial
- 895.0-896.3 Traumatic amputation of toes and/or foot
- V49.70-V49.77 Lower limb amputation status

**ICD-10 codes for prosthetic shoes (L3250):**

- Q72.00-Q72.93 Reduction defects of lower limb
- S98.011-S98.929 Traumatic amputation of ankle and foot at ankle level
- Z89.411-Z89.439 Acquired absence of toe(s), and foot
Variations
For Medicare Advantage Products:

Shoe Modifications: Heel replacements (L3455, L3460), sole replacements (L3530, L3540), shoe transfers (L3600-L3640), inserts, lifts, and other shoe modifications (L3000-L3170, L3300-L3450, L3465-L3520, L3550-L3595) are covered when all of the following criteria are met:

- The shoe is an integral part of a covered leg brace (L1900, L1920, L1980-L2030, L2050, L2060, L2080, or L2090)
- The shoe is medically necessary and needed for the proper functioning of the brace

References


Disclaimer:
MedStar Health medical payment and prior authorization policies do not constitute medical advice and are not intended to govern or otherwise influence the practice of medicine. The policies constitute only the reimbursement and coverage guidelines of MedStar Health and its affiliated managed care entities. Coverage for services varies for individual members in accordance with the terms and conditions of applicable
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Certificates of Coverage, Summary Plan Descriptions, or contracts with governing regulatory agencies.

MedStar Health reserves the right to review and update the medical payment and prior authorization guidelines in its sole discretion. Notice of such changes, if necessary, shall be provided in accordance with the terms and conditions of provider agreements and any applicable laws or regulations.

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